



Caythorpe Chronicle

The weekly news from Caythorpe Primary School

Friday 19th March 2021

Positive Movers

Last week Ayla, Finley, Sam and Hallie from Narnia Class took part in the CGS Outreach virtual event "Positive Movers." The aim of the event was to encourage pupils to engage in physical activity, get active, increase social skills and get moving. Sam loved the game with the different coloured balls. "We thought the Toy Story game was awesome," Hallie and Finley agreed.



This week some Year 6 pupils from Hogwarts will attend a transition event to develop their social skills to adapt to their new surroundings in September. They will focus on the following skills: empathy, co-operation, verbal communication, listening and non-verbal communication.

Cool Milk

As many of you will already know, our under 5 children receive a small free carton of milk everyday funded by the government. The free milk will automatically stop once your child turns 5 but milk is available to purchase for all children through the Cool Milk website at www.coolmilk.com

Contacting school during the school day

If you need to get a message to the school office during the school day, please contact Mrs Madge, either by email at enquiries@caythorpe-cit.co.uk or phone 01400 272600.

However, Mrs Madge does not work on a Wednesday so if you need to deliver a message or have something that needs dealing with on a Wednesday then please phone rather than emailing as emails may not be picked up until Thursday.

Wellbeing Team

At Caythorpe we believe that good staff and pupil wellbeing are essential for cultivating a mentally healthy school, for retaining and motivating staff and for promoting pupil wellbeing and attainment.

We are always happy to help each other, pupils and families if they have a problem or concern. Way back in October we informed you of our vision to create a Wellbeing Team who together would have a wealth of knowledge and experience in supporting others in times of need.

Roles and responsibilities of the Wellbeing team include:

- To promote positive staff wellbeing.
- To support parents and children using strategies to develop links with therapeutic multi-agencies and working in partnership with parents and children on a day to day basis.
- To identify children with additional needs and to promote the child's health and educational needs.
- To ensure that intervention and referrals are complete.
- To work in partnership with parents promoting individual attendance and tracking consistent absences.

Caythorpe Primary School Wellbeing Team

Mrs Shelley Bamford (Parent)

Mrs Laing (Teaching Assistant)

Mrs Locke (Teaching Assistant & SENDCo Assistant)

Miss Riches (Teacher)

Mrs Hunt (Headteacher & Safeguarding Lead)

On Monday the school council have a mission to find out what pupils in the class think wellbeing is and discover what sorts of wellbeing activities they would like us to organise at Caythorpe.

Our first meeting of the Wellbeing team will be via TEAMS on Friday 26th March at 1pm. If you would like to receive an invite to attend or are interested in being a part of the team please let Mrs Hunt know. You can email Mrs Hunt on helen.hunt@caythorpe-cit.co.uk and you will be sent a link to attend.





It has come to our attention that a telephone call has been made to a vulnerable member of the village community, stating that they are raising funds for the school. Unfortunately, this is a common type of telephone scam and a trusting member of the community did give their bank details. Caythorpe Primary School and the FSA would never raise funds by cold calling in this way. Please be vigilant and share with anyone who might be vulnerable.

More information and help can be found on the following website.

<https://www.ageuk.org.uk/information-advice/money-legal/scams-fraud/phone-scams/>

Walk to Tokyo Challenge

Remember the Carre's Grammar School Outreach Team Couch 2 Tokyo Challenge A huge well done for those who have been involved in the Challenge to date. So far, we have reached a collective 467.45 miles.

This is an event for everyone in to take part in and the aim of this challenge is for our school to work as a team and cover the **5855 MILES** from Caythorpe to Tokyo. To complete this, staff and children can use different methods of being active to build up the school's total. This can be anytime, anywhere as long as the distance is recorded and uploaded to the Microsoft form.

This forms part of the Tackling Inactivity Series, with which we hope to be able to inspire the children to want to go outside and exercise and have better overall health for the future by building healthy habits. The entry form below is still open. We would like to see great examples of self-belief and determination to reach a goal as a team, regardless of how long it takes you to get there! Use the QR codes on the posters displayed on the school windows or follow the link:

https://forms.office.com/Pages/ResponsePage.aspx?id=4I_ewOP1L06Lz_HFSzjyi0fKIO+WtVhGse87nNu9SDBUNIR6NOIGVKYwQU01N09NVExTMIIVN09YNC4u

Let's keep moving and reach your 5855-mile goal to Tokyo.



Easter Egg Hunt

The FSA, in collaboration with Charisma Services, are busy organising this year's Easter Egg hunt, on Saturday 3rd April. Theresa of Charisma very kindly organised Santa to visit the school last year with generous gifts for all the children. Charisma services is a well-established, small family run business, that has been running for 10 years. Teresa and her team deliver care and support to anyone who needs it, to be able to stay in their own home. They are also working alongside Caythorpe Residential home to keep vulnerable people safe in our society. We welcome the opportunity to work in partnership with the community of Caythorpe.

As we will still be limited by COVID restrictions, the event will run slightly differently than usual. There will also be a raffle of Easter goodies including a basket full of sweet treats and your very own Easter bunny.

LETTER TO FOLLOW WITH ALL THE DETAILS.



NITS - They're back!

Head lice spread by crawling from one person's hair to another's. They're usually spread amongst people who are in close contact, such as family or school classmates. Anyone can be infested, and there is no obvious relationship to hair cleanliness. However, parents who wash their children's hair frequently will find them quicker.

Symptoms - Two common signs of head lice are:

An extremely itchy scalp, especially around the nape of the neck, behind the ears, under the fringe and at the top of plaits or a pony tail.

Scratch marks or a rash on the scalp.

How to check for head lice - Check the scalp for insects or eggs. Use a fine-tooth comb on wet hair, as this makes it easier to find any lice. Pay particular attention to the crown and the hairline - especially at the back of neck and behind their ears.

Treatment - two most common head lice treatment methods are:

Wet combing - wet the hair and scalp with conditioner (this makes it easier to see the head lice) then comb the lice and eggs out. It's best to use the fine metal combs or special head lice combs you can get from a pharmacy.

Chemical shampoo or lotion (containing insecticide) will kill the lice and eggs.

Always re-treat 7-10 days after the first treatment to kill any head lice that may have hatched from eggs that survived the first treatment.

Prevention - Brush hair every day, as this can help to kill or injure lice and stop them from laying eggs.

Don't share anything that has direct contact with someone's head.

Having short hair - or wearing your hair in a ponytail if it's long - makes it less likely you'll catch head lice.

If you do get head lice in your family, treat everyone that has them at the same time, as this can help reduce the chance of re-infestation. Regularly check your children for head lice - e.g, TODAY AND ON A WEEKLY BASIS.

All the above information is from [Ministry of Health website](#)