



Caythorpe Chronicle

The weekly news from Caythorpe Primary School

Friday 10th April 2020

Easter Challenge

Thank you so much for continuing to send in your amazing masterpieces for our Easter Challenge! It is great to see such a range of creativity! Mine didn't last long with two hungry children in the Brockington house!! Well done to you all!

Alicia



Isabella



George



Mrs Brockington



Keep In Touch

Whilst we cannot all be in school together during the Coronavirus Crisis, we are eager to keep in touch with all of our families as much as possible. All children should have received an email from their teacher this week so please don't forget to reply and share your news.

Please don't hesitate to contact us if you want to share what you have been up to or if you need anything at all:

E-mail: enquiries@caythorpe-cit.co.uk

Katie.Brockington@caythorpe-cit.co.uk

Website: <https://www.caythorpe.lincs.sch.uk>

Twitter: <https://twitter.com/CaythorpeSchool>

Facebook: <https://www.facebook.com/CaythorpeSchool>

**STAY SAFE EVERYONE &
TAKE CARE OF EACH OTHER**

Children's Mindfulness Apps

There are lots of mindfulness apps out there to help you become more mindful, and many of these apps are designed specifically for children. Here's a list of some apps that Miss Foers found which can help children deal with anxiety and stress and become more mindful:

1. MindYeti (free version available here <https://www.mindyeti.com/v2/s/pricing>)
2. Breathe, Think, Do Sesame
3. Calm
4. DreamyKid
5. Headspace: Guided Meditation and Mindfulness
6. Kids Yoga Deck
7. Stop, Breathe, and Think Kids
8. Breathing Bubbles
9. Smiling Mind
10. Positive Penguins
11. Calm Counter
12. Emotionary
13. Take a Chill
14. Chill Outz
15. Super Stretch Yoga
16. Relax Melodies



Yummy Scrummy!

Peter & Thomas thoroughly enjoyed baking blueberry muffins.

Peter & Thomas



Bringing communities together

The Cliff Carnival will be back on 18 September 2021.

Seeing our communities pull together to support each other through these difficult and troubling times has been truly inspiring. We hope the 2021 event will give us all something to look forward to, remind us that things will get better and that we are lucky to live in such a wonderful place.

Once again the Carnival will be a celebration of the creativity and spirit which are the heart of this wonder Cliff Village community.

Until then, the carnival committee would like to set all those stuck at home a creative competition:

locked down voices unlocked

We know this is a sad and scary time for many of us. This is a crisis no community has experienced in England in living memory. We think it is an important time in history and we would like to record the experience through different voices of our community.

We're running a poetry competition to capture this moment, we'd love to hear from budding writers, young and old, from all walks of life. We want to hear how it makes you feel, how your life has changed, about hopes for the future and about the need for help from others to pull us through.

The poems will be judged in age categories: 5-7, 8-12, 13-16 and 16 upwards.

Poems can be any length, style or format and the winners of the competition will be announced on the day of the carnival.

They can be written or performed on audio or video. Share your work to cliffcarnival@hotmail.com or Tweet @cliffcarnival with the #cliffcarnival

Alternatively you can send your poems to, Poetry competition, Mrs Katie Gordon, Sycamore barn, West Street, Wellingore, Lincolnshire, LN5 0JA.

Please make sure you include your name, age and a way for us to contact you. We would like to publish some of the poems submitted on social media, please include your name if you want us to include it with any publication.

<https://www.jigsawpshe.com/jigsaw-big-sing/>

Hi to everyone from Jigsaw PSHE HQ

We hope you are all staying safe and well.

In our efforts to support families, schools, teachers and of course...children... at this difficult time, we are giving away Jigsaw Families stories and Calm Me time (relaxation and mindfulness practice) audios...on the Jigsaw home page of www.jigsawpshe.com

These are accompanied by learning activities and are free for anyone, not just people associated with schools using Jigsaw PSHE materials.

Even more exciting we are right now...going LIVE with the Jigsaw Big Sing
See link above

We are starting the Jigsaw Big Sing by giving away the Jigsaw song, 'Together as One', (seems apt at this time), along with suggested learning activities etc, and then inviting people to upload themselves singing Together as One...and at 3pm on April 14th the collage of videos will go LIVE (same link) so children (and grown-ups) can watch and see if their video made it to the final cut.

If you have anyone you can send the link to, please do...children singing across the world in this strange time...what could be more uplifting?

Thank you for your support

Sing out proud...Together as One

Jan and the Jigsaw Team



Free School Meals

The Department for Education (DfE) has developed a centrally-funded national voucher scheme to support with providing Free School Meals. Families who are currently eligible for Free School Meals should receive supermarket vouchers during term time to use to support you in providing nutritious meals during the Coronavirus Crisis.

If your circumstances have changed due to the Coronavirus Crisis and you think that your child might be eligible for free school meals please visit the following website to apply: <https://lcc.cloud.servelec-synergy.com/SynergyWeb/Parents/default.aspx>

If you have any questions or concerns about this please do not hesitate to email Mrs Brockington or Mrs Madge.